

Bulletin:

KNOW THE FACTS ABOUT WHOOPING COUGH:

- Fredericton and Upper River Valley are in a whooping cough outbreak that began in April 2017.
- There are vaccines to help prevent whooping cough. Whooping cough vaccine is recommended for
 - Babies & children
 - Preteens & teens
 - Pregnant women
 - Adults
- In the regional outbreak, almost all adults with whooping cough did not have their booster vaccine dose.
- Children get at least 4 vaccine doses to be fully protected against whooping cough disease. Teenagers and adults also get a booster dose to maintain protection.
- Children under one year can become very sick with whooping cough and develop complications that require a stay in hospital. Infants are not old enough to have all the whooping cough vaccine doses to be fully protected.
- Whooping cough is also known as pertussis and “the 100 day cough.”
- Whooping cough get its name from the “whoop” sound made when somebody with the disease gasps for air after a fit of coughing.

- Talk with your or your child’s health care professional or public health if you have questions about whooping cough vaccines.
- Wash your hands often.
- Stay home from work and school if you are sick.
- Cover a cough, throw out soiled tissues.

You can find more information about this disease in the available Fact Sheet at:
<http://www2.gnb.ca/content/dam/gnb/Departments/h-s/pdf/en/CDC/FactSheets/Pertussisfactsheet.pdf>

NB Routine Immunization Schedule:

<http://www2.gnb.ca/content/dam/gnb/Departments/h-s/pdf/en/CDC/Immunization/RoutineImmunizationSchedule.pdf>

ADULTS: If you have not had an adult dose, get your whooping cough (pertussis) booster to protect you and those you love.

